

## MONDAY

## **TUESDAY**

## WEDNESDAY

## **THURSDAY**

### FRIDAY



Week

2

Week

3

Week

### M Home-made Bolognese

- V Vegetable spring Roll (DF)
- Spaghetti, garlic bread, seasonal vegetables
- Chocolate shortcake &

- M Toad in the hole
- V Spaghetti Neopolitan
- Pasta, wedges, seasonal veg
- D Oat slice & custard

- Roast chicken thigh (DF/GF) and stuffing
- Sweet potato & parsnip
- Roast or mashed potato, seasonal vegetables, gravy
- D Mini-doughnuts

- M Home-made beef cobbler
- Quorn sausage (DF)
- Mash potato, pasta, seasonal vegetables
- Apricot & apple crunch &

- Fish fingers & tomato sauce (DF)
- V Chilli cheese nuggets
- Chips, pasta, seasonal vegetables
- D Home-made cookie & (DF)

### **MEAT FREE DAY**

# Mediterranean pasta bake

- Chickpea & cauliflower
- Crusty bread, seasonal vegetables
- D Apple cake & custard

- M Hunter's chicken
- Butter bean and tomato casserole (DF/GF)
- Pasta, sauté potatoes, seasonal vegetables
- D Ginger cake & toffee sauce

- M Roast gammon & pineapple
- V Quorn roast
- Roast/mashed potato, seasonal vegetables and gravy
- D Meringue nest & mandarins

- Home-made sausage roll
- Spicy bean burger (DF)
- Pasta, wedges, beans
- D Chocolate semolina

- Salmon nuggets & tomato sauce (DF)
- V Cheesy wheel
- Chips, pasta and seasonal vegetables
- Home-made cookie (DF) & apple Juice

### **MEAT FREE DAY**

### M Margherita Pizza

- Bean Paella (DF/GF)
- Potato crispies, pasta and beans
- Sticky toffee pudding and

- M Kerala Curry
- Quorn dippers (DF)
- Rice, naan bread, seasonal vegetables
- D Fruit sponge

- Roast loin of Pork (DF/GF) and apple sauce
- Lentil loaf
- Roast/mashed potato, seasonal vegetables and gravy
- Cheese & biscuit with an apple wedge

- Chicken & Leek Pie
- Meat-free (DF/GF) chilli & nachos
- Pasta, new potatoes and seasonal vegetables
- Chocolate crunch

- Fish fillet & tomato sauce
- Spanish omelette
- Chips, pasta, seasonal vegetables
- Home-made cookie (DF) & apple Juice

Key to menu items: Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

M: Main

V: Vegetarian

S: Sides

D: Dessert

Dairy Free/ (DF/GF)

Week 1

Week 2

Week 3

Holiday/inset

| September 2024 |    |    |    |    |    |    |  |  |  |
|----------------|----|----|----|----|----|----|--|--|--|
| s              | М  | F  | S  |    |    |    |  |  |  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |  |  |  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |  |  |  |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |  |  |  |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |  |  |  |
| 29             | 30 |    |    |    |    |    |  |  |  |

| October 2024 |    |           |    |    |    |    |  |  |  |  |
|--------------|----|-----------|----|----|----|----|--|--|--|--|
| S            | М  | M T W T F |    |    |    |    |  |  |  |  |
|              |    | 1         | 2  | 3  | 4  | 5  |  |  |  |  |
| 6            | 7  | 8         | 9  | 10 | 11 | 12 |  |  |  |  |
| 13           | 14 | 15        | 16 | 17 | 18 | 19 |  |  |  |  |
| 20           | 21 | 22        | 23 | 24 | 25 | 26 |  |  |  |  |
| 27           | 28 | 29        | 30 | 31 |    |    |  |  |  |  |

| November 2024 |           |                     |                               |  |  |  |  |  |  |
|---------------|-----------|---------------------|-------------------------------|--|--|--|--|--|--|
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| 4             | 5         | 6                   | 7                             | 8  | 9  |  |  |  |  |
| 11            | 12        | 13                  | 14                            | 15   | 16   |  |  |  |  |
| 18            | 19        | 20                  | 21                            | 22   | 23   |  |  |  |  |
| 25            | 26        | 27                  | 28                            | 29   | 30   |  |  |  |  |
|               | M 4 11 18 | M T 4 5 11 12 18 19 | M T W 4 5 6 11 12 13 18 19 20 | M T W T  4 5 6 7  11 12 13 14  18 19 20 21 | M T W T F  4 5 6 7 8  11 12 13 14 15  18 19 20 21 22 |  |  |  |  |

| December 2024 |    |    |    |    |    | January 2025 |    |    |    |    |    |    |    |
|---------------|----|----|----|----|----|--------------|----|----|----|----|----|----|----|
| S             | М  | Т  | w  | Т  | F  | s            | s  | М  | Т  | w  | Т  | F  | s  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7            |    |    |    | 1  | 2  | 3  | 4  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14           | 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21           | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28           | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 29            | 30 | 31 |    |    |    |              | 26 | 27 | 28 | 29 | 30 | 31 |    |

| February 2025 |           |    |    |    |    |    |  |  |  |  |
|---------------|-----------|----|----|----|----|----|--|--|--|--|
| S             | M T W T F |    |    |    |    |    |  |  |  |  |
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| 2             | 3         | 4  | 5  | 6  | 7  | 8  |  |  |  |  |
| 9             | 10        | 11 | 12 | 13 | 14 | 15 |  |  |  |  |
| 16            | 17        | 18 | 19 | 20 | 21 | 22 |  |  |  |  |
| 23            | 24        | 25 | 26 | 27 | 28 |    |  |  |  |  |